



Guest Speaker

**Philip A. Davidson
MD**

*Orthopedic Surgeon
Co-founder, Heiden Davidson
Orthopedics, Park City, Utah
Official Consultant, Major
League Baseball and the
National Football League*

Dr. Phil Davidson is renowned for his expertise in cartilage restoration and joint resurfacing of the knee and shoulder. He is among the nation's foremost orthopedists recognized in treating articular cartilage disorders, with clinical interest and academic distinction in biologic and anatomic joint resurfacing. He is recognized by his peers as a surgical innovator and clinical researcher, publishing extensively and teaching surgeons nationally and internationally.

Dr. Davidson graduated with high honors from Harvard College, and with honors in research from Cornell University Medical College. He completed his orthopedic surgery residency at Baylor College of Medicine in Houston and his sports medicine fellowship at the Kerlan-Jobe Orthopedic Clinic in Inglewood, California.

Conference Location

St. Luke's Boise Medical Center
South Tower, Anderson Center
190 E. Bannock Street, Downtown Boise

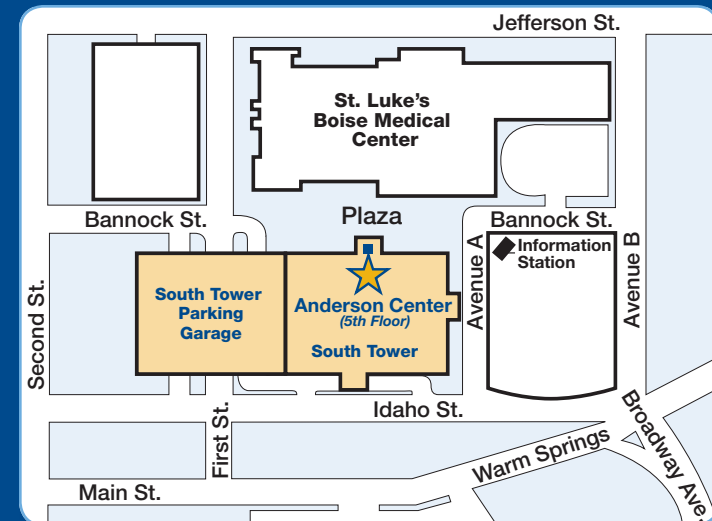
Directions

- From I-84 take Broadway Exit (#54) north.
- Continue through the Front Street intersection and forward to the Idaho Street/Warm Springs intersection.
- Turn left on Idaho Street.
- Proceed just past 1st Street, then turn right into the South Tower parking garage.
- Take the Parking Garage's stairs or "A" elevator to the fourth floor. Go inside the South Tower and take the interior stairs or elevator to the fifth floor.

Lodging

The Hampton Inn in downtown Boise is close to the hockey arena and charges \$99 per night (includes breakfast). Call (208) 319-9805.

The Courtyard by Marriott is located two blocks from the conference site and charges \$105 per night. Shuttle service is provided to and from the airport. To reserve a room, please call 1-800-321-2211 or (208) 331-2700.



SPORTS-009.1.12



190 East Bannock Street
Boise, Idaho 83712

1st Annual
Sports Medicine
Conference
Care of the Injured Athlete



1st Annual
Sports Medicine Conference
Care of the Injured Athlete



Saturday, March 17, 2012
St. Luke's Boise, Anderson Center

stlukesonline.org

Conference Overview

St. Luke's 1st Annual Sports Medicine Conference will focus on "Care of the Injured Athlete," and will provide a forum for those who treat and are interested in the care of sports injuries. Presenters will discuss concepts related to the diagnosis, treatment, and rehabilitation of the injured athlete, along with in-depth information regarding appropriate intervention and management strategies by the entire sports medicine team. The conference format will include lectures and discussion with designated Q&A time. **CMEs and CEUs are available.**

Target Audience:

Primary care physicians, family practice physicians, emergency medicine physicians, physician assistants-certified, nurse practitioners, physical therapists, and certified athletic trainers interested in the diagnosis, treatment, and care of sports injuries.



AGENDA

- 7-7:30 a.m. Continental Breakfast and Exhibitors
- 7:30 a.m. Welcome/Opening Ceremonies
Kurt Nilsson, MD
Forrest Pecha, ATC, OTC, CSCS
- 7:40 a.m. Shoulder Anatomy – Ultrasound Diagnostics of Shoulder Pathology and Treatment of Calcific Tendonitis
Kurt Nilsson, MD
- 8:05 a.m. On-Field Management of Shoulder Injuries
Tim Nicoletto ATC, OTC
- 8:25 a.m. Shoulder Instability – When to Rehab, When to Repair
James Johnston, MD
- 8:45 a.m. Surgical Management of the Throwing Athlete's Shoulder
Michael Curtin, MD
- 9:05 a.m. Discussion
- 9:15 a.m. Break and Exhibitors
- 9:30 a.m. Treatment of Rotator Cuff Injuries: Spectrum of Disease
Michael Curtin, MD
- 9:50 a.m. Rotator Cuff Rehabilitation: Surgical Protocols
JoJo Brunelle, PT
- 10:10 a.m. Back Injuries in Athletes
Alex Homaechvarria, MD
- 10:30 a.m. Sports Rehab for the Lumbar Spine
David Fleckenstein, PT
- 10:50 a.m. Discussion
- 11 a.m. Lunch and Exhibitors (lunch provided)
- 11:25 p.m. On-Field Management of Knee Injuries
Kip Dribnak, ATC
- 11:40 p.m. Patellofemoral Instability
Alex Homaechvarria, MD
- 11:55 p.m. Knee Cartilage Repair and Restoration
Kevin Shea, MD
- 12:05 p.m. Discussion

- 12:15 p.m. Meniscus Injuries – What You Need to Know Repair vs. Rehab
Robert Walker, MD
- 12:35 p.m. ACL Injury Prevention
Kevin Shea, MD
- 12:55 p.m. Treatment of ACL Injuries
Robert Walker, MD
- 1:35 p.m. ACL Rehab – Getting Your Athletes Back to Play
Jami Garver, PT, ATC
- 1:55 p.m. Discussion
- 2:05 p.m. Break and Exhibitors
- 2:15 p.m. Non-Operative Management of the Aging Athlete
Kurt Nilsson, MD
- 2:30 p.m. Joint Resurfacing and Treatment for the Aging Athlete
Phil Davidson, MD
- 2:55 p.m. Evaluation and Treatment of Groin Pain in the Athlete
Christopher Lawler, MD
- 3:10 p.m. Femoral Acetabular Impingement and Hip Surgical Repair
Jason Robison, MD
- 3:30 p.m. Rehabilitation of Athletic Hip Injuries
David Fleckenstein, PT
- 3:45 p.m. Discussion
- 3:55 p.m. Treatment of Common Foot and Ankle Athletic Injuries
Steven Roser, MD
- 4:15 p.m. Chronic Ankle Instability – Definition, Incidence Rehabilitation, and Return to Play
Christopher Seagrave, PT, ATC
- 4:35 p.m. Discussion
- 4:45 p.m. Adjourn
- 5:15 p.m. Off-Site Reception and Networking Event

Attendees are invited to a post-conference social and networking event at Century Link Arena as the Idaho Steelheads hockey team takes on the Ontario Reign. Food, beverage, and suite tickets are included for conference participants on an RSVP basis.

Registration Form

Advance registration is required, space is limited.

- Yes, I plan to attend the evening reception and networking event.**

Name: _____

Address: _____

City _____

State _____ Zip _____

Phone Number Day/Evening: _____

Email: _____

Registration Fees

- \$75 Athletic Trainer
- \$125 Physical Therapist, Physician Assistant, Nurse Practitioner
- \$175 Physician

Method of Payment

- Enclosed is my check payable to St. Luke's Sports Medicine.
- Please charge my credit card.
 Visa MasterCard

Card Number: _____

Exp. Date: ____ / ____ Security Code: _____

Amount Enclosed: _____

Registration

Call St. Luke's at 381-9000 to register, or go to stlukesonline.org and click on "Classes & Events." Select Boise, then Medical Professionals, then Sports Medicine Conference. You can also register by mailing this form with payment to St. Luke's – Elks Rehab, Attn: Jean Mutchie, 600 N. Robbins Road, Boise, ID 83702

Registration Deadline:

Friday, **March 9, 2012**. Late registration fee of an additional 25 percent of the conference fee is incurred after this date.

Questions:

Contact Jean Mutchie at jmutchie@elksrehab.org or (208) 489-4700.